



BREAKOUT SESSIONS

BREAKOUT SESSION 1

ABIDING JOY THROUGH CREATIVE EXPRESSION

Enjoying our many hidden "artistic" talents that bring joy to our hearts. (Limit 10 people.)

CHOOSING JOY IN STRUGGLES

Glenda shares her journey to joy through suffering: "April 2015 to January 2019 are years that are etched in my body..."

SHARING JOY THROUGH THE GOSPEL

Through the good news of the gospel, others come to know Abiding Joy; so how can we convincingly share it with others?

WHEN JOY IS DIMINISHED

How to polish my joy and help it shine when life wants to snuff it out.

ABIDING THROUGH CHANGE

When safe and predictable seem like history, and what's new feels strange and uncomfortable...finding joy in the One who never changes. (Limit 10 people.)

NURTURING JOY THROUGH SCRIPTURE

Like fertilizer on a garden, God's Word produces joy.

JOY IN EVERYDAY LIVING

"Love the One You're With-You!" Focusing on healthy self-care for Christian women facing anxiety, depression, or loneliness during uncertain times. Let's find more joy in everyday living.

NURTURING JOY IN RELATIONSHIPS

Relationships are hard work! God created us to be in relationship with Him and one another. Let's share how to nurture and cultivate deep joy in our relationships with one another, to the glory of God.

BREAKOUT SESSION 2

ABIDING JOY THROUGH CREATIVE EXPRESSION

Enjoying our many hidden "artistic" talents that bring joy to our hearts. (Limit 10 people.)

SHARING JOY IN MISSIONS

Why keep it to yourself? Missions as an intentional lifestyle that brings the words of Jesus to the lost so they, too, may find Abiding Joy. (Limit 10 people.)

ABIDING JOY IN SOLITUDE

Joy found in the discipline of solitude.

ABIDING JOY AND PRAYER

In the secret, quiet place of prayer coming to know Christ and abiding in Him. (Limit 12 people.)

EXPERIENCING JOY IN DARKNESS

What do you do when the lights go out? If God meant it when He said that His Word is a lamp unto our feet and a light unto our path, let's talk about how to use that lamp and trust Him, even when He seems hard to find!

JOY AMONGST DIFFICULT PEOPLE

"Help! Someone is Driving Me Insane." Do you have a difficult person in your life draining your energy? Of course, we all do. Let's discuss spiritual integrity when coping with frustrating people and promote more joy into your life.

SHARING JOY THROUGH GIVING

About being a cheerful giver by 'sowing generously' (2 Cor 9); this session offers fun, practical ideas on how to apply this biblical principle through your gifts, time, and talents. Includes a hands-on project for local outreach. Participants will also hear about BridgeWay Village, an upcoming tiny house village for at-risk women.

ABIDING IN FELLOWSHIP

Fellowship is essential for growth in the Christian life. It requires us to act, to reach out, and at times be uncomfortable. Through fellowship, we are encouraged, strengthened in faith, and reminded of God's hand of grace and mercy.